5 Facts About 988

The 988 Suicide & Crisis Lifeline WORKS.
The majority of callers' needs are resolved over the phone.

2 988 services are distinct and separate from the emergency services operated 911. Calling 988 will connect you to a trained crisis counselor.

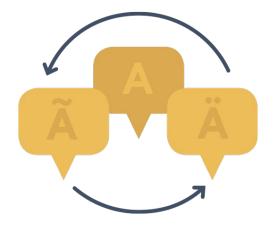
If you or a loved one is experiencing a mental health crisis:

Call, text or chat 988 today for 24/7 free, confidential support.

Lifeline call services are available in Spanish, along with interpretation services in over 150 languages.



The original 10-digit number for the Lifeline (1-800-273-8255) remains available. Calling **988** is simply easier to remember in a crisis.



Veterans and their families can call

988 and press 1 to access the Veterans Crisis Line.

